

DECEMBER 2021 - JANUARY 2022

TIMETABLE & HOURS CIVIC RESERVE

Monday 20 December - Thursday 23 December

MAIN STUDIO	MON	TUES	WED	THURS	FRI	SAT	SUN
8:10AM	PRIME FUSION	PRIME BAR	PRIME CIRCUIT	PRIME CIRCUIT	CHRISTMAS EVE	CHRISTMAS DAY	BOXING DAY
9:20AM	QIGONG	YOGA	TAI CHI	PRIME BAR			
10:30AM	BODY BALANCE			BODY BALANCE			
12:45PM				STAY ON YOUR FEET (E)			
2:00PM				STAY ON YOUR FEET (C)			

*TEMPORARY CHANGE CLASS

GYM SESSION - BOOKINGS ON HOUR

MON	TUES	WED	THURS	FRI	SAT	SUN
8.00AM - 1.00PM	7.45AM - 9.45AM	8.00AM - 1.00PM	8.00AM - 1.00PM			
4.00PM - 9.00PM	4.00PM - 9.00PM	4.00PM - 9.00PM	4.00PM - 9.00PM			

FRIDAY 24 DECEMBER - MONDAY 3 JANUARY CLOSED

FROM TUESDAY 4 JANUARY- MONDAY - FRIDAY 8.00AM - 9.00PM / SAT & SUN - PRE BOOKINGS ONLY

Tuesday 4 January - Friday 28 January

MAIN STUDIO	MON	TUES	WED	THURS	FRI	SAT	SUN
8:10AM	PRIME FUSION	PRIME BAR	PRIME CIRCUIT	PRIME CIRCUIT	PRIME FUSION		
9:20AM	QIGONG	YOGA	TAI CHI	PRIME BAR	PILATES		
10:30AM	BODY BALANCE			BODY BALANCE			
ALL ACCESS				12:15PM SOYF (E) 2:00PM SOYF (C)	12:05PM SOYF (E) 1:15PM SOYF (M)		

*TEMPORARY CHANGE CLASS

GYM SESSION - BOOKINGS ON HOUR

MON	TUES	WED	THURS	FRI	SAT	SUN
8.00AM - 1.00PM	7.45AM - 9.45AM	8.00AM - 1.00PM	8.00AM - 1.00PM	8.00AM - 1.00PM		
4.00PM - 9.00PM	4.00PM - 9.00PM	4.00PM - 9.00PM	4.00PM - 9.00PM	4.00PM - 9.00PM		

WEDNESDAY 26 JANUARY - FACILITY CLOSED